



NATIONAL ACADEMY OF PSYCHOLOGY

3rd Regional Conference in Collaboration with



DEPARTMENT OF PSYCHOLOGY
DOCTOR HARISINGH GOUR VISHWAVIDYALAYA, SAGAR (M.P.)
(A Central University) NAAC Grade A⁺

**1st International
Conference
On The Theme :**

**Man-Making to Nation-Building: Psychological
Sciences for Sustainable Health and
Well-being for Viksit Bharat @2047**



**Venue - Doctor Harisingh Gour
Vishwavidyalaya, Sagar (M.P.)**

**06-07th
November, 2025**

About The University



Doctor Harisingh Gour Vishwavidyalaya, formerly known as the University of Saugor, was established on 18th July 1946 by Dr. Sir Hari Singh Gour through his personal savings of about two crore rupees. It holds the distinction of being the 18th University of India and the oldest and largest University of Madhya Pradesh. Dr. Gour, a renowned jurist, educationist, philanthropist, and social reformer, also served as the first Vice-Chancellor of the University of Delhi (1922–1926) and twice as Vice-Chancellor of Nagpur University. In recognition of his contributions, the University was renamed Doctor Harisingh Gour Vishwavidyalaya in 1983. Located 5 km east of Sagar city, its 1312-acre campus on the Pathariya hills is considered one of the most picturesque and biodiversity-rich campuses in India.

About The Department



The Department of Psychology was established as an independent entity on 18 March 1963, with Dr. Jai Prakash serving as its first Head. Over the years, eminent scholars such as Prof. H. S. Asthana, Prof. I. S. Muhar, Prof. A. K. Purohit (Fulbright Fellow, Harvard), Prof. Y. S. Vagarecha, Prof. V. K. Kool, Prof. Udai Jain, Dr. B. B. Asthana, and Prof. V. Shriwastava (1981–2014) made significant contributions to its development in both teaching and research. The department has a rich academic legacy and continues to uphold its tradition of excellence by nurturing innovation, critical thinking, and interdisciplinary engagement in the field of psychology.

About The NAOP



The National Academy of Psychology (NAOP), India, established in 1987, is a professional body of psychologists including researchers, academicians, practitioners, and scientists. Its mission is to advance psychological knowledge while upholding high ethical standards. NAOP is a member of the International Union of Psychological Science (IUPsyS) and actively collaborates with national and international organisations. It also recognises and honours outstanding contributions in the field of psychology.

International Keynote Speakers



Prof. (Dr.) Andik Matulesy
President, Indonesian Psychological Association.
Treasurer, ASEAN Psychological Union

Prof. (Dr.) Leybina Anna,
Moscow State University, Russia ,
Secretary- BRICS + Psy Union



Dr. Daniel Den Hollander
Licensed Clinical Psychologist And Former
Chair Of The PiPS Division PsySSA,
South Africa

Prof. Usha Kiran Subba
President-Association Of Psychologists,
Nepal.
Division President, International
Association Of Applied Psychology (IAAP)



National Resource Persons



Prof. A.V.S Madnawat
(University of Rajasthan)



Prof. P.K. Rai
(Dr. Harisingh Gour
Vishwavidyalaya)



Prof. Vishva Chaudhary
(Central University of
Haryana)



Shri Anil Kumar Patro
Chief Human Resources
Officer (MTL)



Dr. Chandrani Sen
(University of Rajasthan)



Dr. Shailendra Kumar Sharma
(Central University of Punjab,
Bhatinda)



Dr. Rajnesh Meena
(University of Allahabad)



Dr. Nitin Kumar Verma
(University of Delhi)



Dr. Shubhdip Kaur
(Central University of
Punjab)



Dr. Virendra Pratap
Yadav
(University of Delhi)



Dr. Jaswant Singh
(University of Delhi)



Dr. Rahul Kumar Singh
(Manipal University,
Jaipur Rajasthan)



Riddhi Jain
(Clinical Psychologist ,
SS College, Bhopal)



Mohit Kumar
(Clinical psychologist,
AIIMS, Bhopal)

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Vishwavidyalaya



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(Dean, School of HSS)
Dr. Harisingh Gour Vishwavidyalaya



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(Convenor)
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(Member)
Dr. Divya Bhanot



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Dr. Sharda Vishwakarma



(Member)
Dr. Devki Nandan Sharma

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Archana Singh
(Member)

Archana Choudhary
(Member)

Anurag Shukla
(Member)

Amit Kumar Macorya
(Member)

Jyotsna Sinha
(Member)

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How To Reach Sagar



Sagar is situated at Saugor (WCR) railway station & directly connected to major cities like Mumbai, Delhi, Jaipur, Baroda, Kolkata, Allahabad, Varanasi etc. It is also well connected through Bina Junction (78Km) and Katni Junction (190Km) to almost all parts of the country. Connecting trains are easily available from Bina and Katni.

Tourist Spots Near Sagar



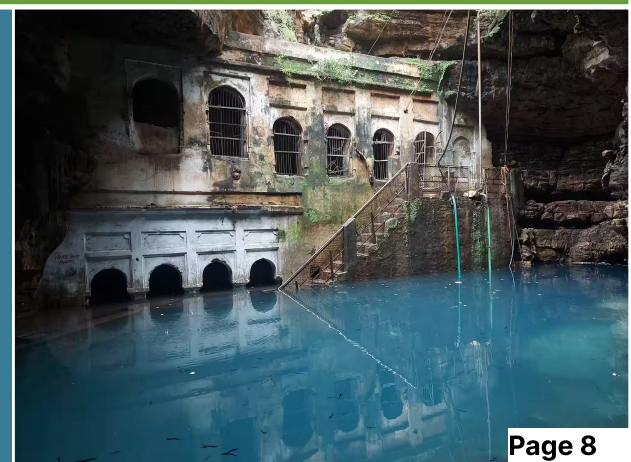
Orchha, a historic town in Madhya Pradesh, is renowned for its forts, temples, and palaces built by the Bundela rulers. The Orchha Fort complex, Ram Raja Temple, and riverside chhatris are its main attractions. Known for Mughal-Bundela architecture and spiritual charm, it is a popular tourist spot. Orchha is about 200 km from Sagar.

The Khajuraho Group of Monuments are a group of Hindu and Digambara Jain temples in Chhatarpur district, Madhya Pradesh, India. It is a UNESCO World Heritage Site since 1986, Khajuraho attracts tourists and scholars alike for its historical significance, artistic mastery, and cultural importance. The temples symbolize the rich heritage of Indian art and the blend of spirituality and sensuality in Hindu tradition. They are about 202 km from Sagar.



Sanchi, in Madhya Pradesh, is world-famous for its ancient Buddhist monuments. Located about 120 km from Sagar, it is home to the Great Stupa, built by Emperor Ashoka in the 3rd century BCE, one of India's oldest stone structures. The site features beautifully carved gateways (toranas) illustrating the life of Buddha and Jataka tales. Recognized as a UNESCO World Heritage Site, Sanchi stands as a symbol of peace, spirituality, and India's cultural heritage, attracting visitors and pilgrims from across the globe.

Bhimkund, located near Chhatarpur in Madhya Pradesh, is a natural water tank surrounded by myth and mystery. It is believed that Bhim, one of the Pandavas, struck the ground with his mace during exile, and this eternal water source emerged, hence the name Bhimkund. The tank is considered sacred, with crystal-clear blue water that never dries up, even in droughts. Scientists remain intrigued by its unknown depth. Devotees visit for its religious significance, while tourists admire its natural beauty and legends. Bhimkund is around 180 km from Sagar.



Conference Highlights

**Keynote Address
by Eminent International
resource person**

**Panel Discussions on
Sustainable Health
and Well-Being**

**Interdisciplinary
Networking and
Opportunity for MoU/MoA
of National/International
Institution**

**Pre-Conference Workshop 1:
Assertive Communication -
Overcoming Public Speaking Fear**

**Pre-Conference Workshop 2:
Mixed Method Approach in
Psychological Research**

**Pre-Conference Workshop 3:
Scoring and interpretation of
Rorschach Inkblot Test**

**Youth Innovation Forum:
An Open Dialogue
Platform for Emerging
Researchers**

**Round Table Discussion on
the Pertinent Issues with
Distinguished Academicians,
Social Workers and Public
Policy Leaders**

**Think Tank Sessions:
Small Expert Groups
Developing Actionable
Frameworks**

**Vision 2047 Plenary:
Brainstorming the Future
Direction for Indian
Psychology**

**Presentation of Empirical,
Review and Policy
Research Papers**

**Fireside Chat:
Informal, Conversational
Interviews with
Distinguished Guests**

We invite researchers, academicians, practitioners, and students to participate in the 1st International Conference on the theme:

“Man-Making to Nation-Building: Psychological Sciences for Sustainable Health and Well-being for Viksit Bharat @2047”

This conference aims to explore the intersection of psychological sciences with national growth, well-being, and sustainable development, drawing upon both indigenous wisdom and modern innovations.

Sub-Themes

Track 1 – Indigenous Wisdom, Culture, and Community Well-being

- Indian Psychology and Counselling: Yoga, Ayurveda, Mindfulness, Indigenous Healing
- Spirituality and Holistic Mental Health: Meditation, Religion, and Transpersonal Healing
- Indigenous Ecological Psychology: Tribal and Rural Perspectives on Resilience and Sustainability
- Social and Cross-Cultural Psychology: Gender, Inclusion, Attitudes, Conformity, Persuasion, Prejudice Reduction, Intergroup Relations; Attachment and Parenting Style , Justice, and National Cohesion

Track 2 – Positive, Resilient, and Flourishing India

- Positive Psychology: Gratitude, Strengths, Resilience, and Well-Being Interventions
- Sports and Performance Psychology: Mental Skills training, Motivation, Coping under Pressure
- Military Psychology and Human Resilience: Stress inoculation, Trauma Recovery, Leadership Under Adversity, Society Re-integration
- Environmental and Sustainability Psychology: Eco-anxiety, Climate Distress, and Green Mental Health Spaces
- Psychology for Viksit Bharat@2047: Linking Education, Public Policy, and Human Capital for National Development

Track 3 – Technology, Policy, and Future Readiness

- Digital Psychology and AI: Cyberpsychology, Algorithmic Influence, Virtual Counselling, AI in Suicide Detection
- Behavioural Economics and Organisational Behaviour: Nudge theory, Workplace Behaviour and Well-Being, Leadership, Decision-making, Financial Resilience
- Political Psychology: Leadership, Governance, and Policy Influence on Mental Health
- Forensic and Criminal Psychology: Offender rehabilitation, Witness Testimony, Custodial Mental Health
- Legal Psychology: Judicial decision-making, Eyewitness Memory, Jury Behavior, and Law–Psychology interface

Track 4 – Brain, Mind, and Clinical Excellence

- Clinical and Health Psychology: Assessment, Diagnosis, Psychotherapy, Crisis Intervention.
- Suicidology and Crisis Intervention: Multidisciplinary Prevention and Culturally Rooted Approaches.
- Neuroscience, Cognitive Psychology, and Resilience: Brain–behaviour relationships, memory, attention, emotion regulation, neuroplasticity-based strategies

Submission Guidelines

Abstract Specifications

- Title
- Author(s) name(s) and affiliation(s)
- Word Limit: 200–250 words
- Font: Times New Roman, 12 pt, 1.5 spacing
- File Format: MS Word (.doc/.docx)
- Keywords (3–5)
- Track/Sub-theme under which the paper is submitted

Submit on -

 **Email:** naopabstracts2025.dhsgsu@gmail.com

Dates to Remember

Abstract Submission Opens:	10 September, 2025
Early Bird Submission Closing:	30 September, 2025
Abstract Submission Closes:	01 October, 2025
Notification of Acceptance:	05 October, 2025
Full Paper Submission (if applicable):	20 October, 2025
Pre-Conference Workshops	05 November, 2025

NOTE

Best Paper Award will be conferred in each theme of the conference.
The awards will be announced and presented during the Valedictory Session.

Only selected high-quality empirical papers will be considered for publication in the proposed edited volume from a reputed publisher.

Review Process

The abstract proposal submissions will undergo a detailed review by designated reviewers within the respective division to which they are submitted. The final decision regarding acceptance or rejection, as well as the mode of presentation, will rest with the Scientific Committee of NAOP. Please note that no opportunity for revision will be provided. However, if an abstract is declined, it may be revised and resubmitted as a new submission.

Registration Fees

	Category	Students		Research Scholars		Faculty/Professionals	
		NAOP Members	Non-Members	NAOP Members	Non-Members	NAOP Members	Non-Members
1.	Early Bird Registration	INR-500	INR-600	INR-1000	INR-1200	INR-1300	INR-1500
2.	On the Spot Registration	INR-700	INR-800	INR-1200	INR-1400	INR-1500	INR-1700
3.	Online Presentation	INR-550		INR-750		INR-950	
4.	Pre-Conference Workshop	INR-300		INR-300		INR-300	

NOTE*

- Students are required to submit a Bonafide Certificate from their Department/Institute at the time of registration.
- Research Scholars shall not be considered under the student category for registration purposes.
- The Registration Fee entitles each delegate/participant to receive a complete conference kit and access to the food lounge, inaugural session, cultural program, scientific sessions, and the valedictory program. The fee is applicable per participant, is non-refundable and non-transferable, and does not cover expenses related to travel, accommodation or local transport.
- Only a limited number of accommodations are available on the University premises at nominal charges. Other participants are encouraged to stay in the hotels recommended by the hosts, at prevailing market rates.
- Online presentation will be permitted only under extraordinary circumstances, subject to the prior discretionary approval of the Chair/Co-Chair of the Scientific Committee of the conference.

All participants are requested to adhere to the guidelines in order to facilitate smooth conduct of the conference.



**Scan the QR Code
for the Registration**

Contact Details



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For Further Updates

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